

A photograph of a snowy forest path. The trees are heavily covered in snow. In the foreground, a ski track is visible, showing two distinct lanes for different techniques. The text 'Skidspår' is overlaid in the center, with two orange arrows pointing left and right. Below this, the text 'Klassisk teknik' and 'Fristil (Skate)' are overlaid, with orange arrows pointing right and left respectively, indicating the direction of the tracks.

# Skidspår

**Klassisk teknik**

**Fristil (Skate)**